



PHARMACIES | HEALTH FOOD STORES

Thank you to our pharmacy and health food store operators & staff for all their hard work!
Their continued operation & protection is vital to our communities...



*L'Bears Natural Foods
and Supplements*

L'BEARS NATURAL FOODS LTD, TRAIL (250) 368-8318

HOURS: 10 am - 4 pm MON - FRI

SHOPPING IN STORE: no browsing to limit time in store, no limit on quantities purchased, hand sanitizer at front door

DELIVERY OPTIONS: Call in your order, pay with credit card over the phone, free delivery in the greater Trail area after 4 pm daily, curbside service or pick up in store also available

NATURE'S DEN

NATURE'S DEN HEALTH STORE, ROSSLAND (250) 362-7127

STORE HOURS: 11:30 am ish - 5:30 pm MON - SAT

SHOPPING IN STORE: Hand sanitizer at till, sanitation schedule in place



IDA ALPINE DRUG MART, ROSSLAND (250) 362-5622

STORE HOURS: 9 am - 5:30 pm MON - SAT

SHOPPING IN STORE: Call ahead with your prescription to eliminate wait time (30 days supply on prescription), marking on the floor for physical distancing, hand sanitizer at till

DELIVERY OPTIONS: Rotary delivers



SHOPPERS DRUG MART, TRAIL (250) 368-3341

STORE HOURS: 9 am - 4 pm MON - FRI | 10 am - 4 pm WEEKENDS & STATS

PAYMENT: Credit & debit payments encouraged

SHOPPING IN STORE: Call ahead with your prescription to eliminate wait time, plexi glass installed, markings on the floor, sanitization schedule in place

DELIVERY OPTIONS: Free prescription delivery



NO FRILLS (KURTIS') PHARMACY, TRAIL (250) 368-8544

STORE HOURS: 8 am - 8 pm (7:30 am Tues/Thurs for Seniors & Special Considerations)

PAYMENT: Credit and debit cards encouraged

SHOPPING IN STORE: Call ahead with your prescription to eliminate wait time (30 days supply on prescription), plexi glass installed, markings on the floor, hand sanitizer at the counter

DELIVERY OPTIONS: Curb side pick up



WALMART PHARMACY, TRAIL (250) 364-2707

STORE HOURS: 9 am - 5 pm MON - FRI | 10 am - 5 pm SAT

(PAYMENT: Credit and debit cards encouraged)

SHOPPING IN STORE: Call ahead with your prescription to eliminate wait time (30 days supply on prescription), plexi glass installed, markings on the floor, arrows between the aisles, sanitize between customers



FRUITVALE IDA PHARMACY, FRUITVALE (250) 367-9331

STORE HOURS: 9:30 am - 5:30 pm MON - SAT

SHOPPING IN STORE: Five people in the store at a time, no browsing, markings on the floor, plexi glass installed, 30 days supply on prescriptions, hand sanitizer for customers

DELIVERY OPTIONS: Home Delivery every Friday



YVS YOUR VITAMIN STORE, TRAIL (250) 364-1123

STORE HOURS: Closed, answering phone calls MON - FRI from 9 am - 5 pm

DELIVERY OPTIONS: Order online at www.yvstrail.ca and items can be picked up curbside or delivered



PHARMASAVE, TRAIL (250) 368-3364

STORE HOURS: 9 am - 4 pm MON - SAT | 9 am - 1 pm SUN

SHOPPING IN STORE: Call ahead with your prescription to eliminate wait time, plexi glass installed, markings on the floor

If you would like to pick up a printed copy to put in your business please call Hall Printing at (250) 364-2300.

CALL AHEAD TO ORDER

SHOP ALONE IF POSSIBLE

STAY HOME IF SYMPTOMATIC