



SHOP SAFE

What you can do to help protect yourself and others while out shopping



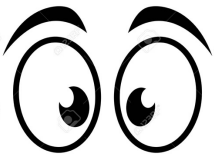
**Sanitize your hands!
Before & after you shop.**



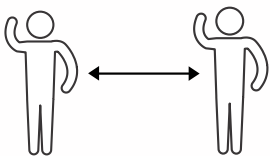
**Only shop for necessities.
Stay home if you are sick
or have recently returned
to Canada. Let someone
else shop for you.**



**Check in with neighbors
and family. Shop for them
as needed, especially the
elderly. Some stores are
looking for volunteers for
deliveries. Help out if you
are able.**



**Shop with your eyes first.
Try not to touch anything
unless you're going to buy
it, especially produce.**



**Maintain physical
distancing (6ft) between
yourself, staff, and other
shoppers, especially in
the check out line.**



**Leave your family at
home unless you have no
other option. Use online
or phone in orders when
possible.**



**Don't bring your
reusable bags. Clean,
store provided bags or
boxes are best for
now.**



**Use sanitized baskets &
carts. Buy normal
quantities; don't buy more
than you need for a week
or so. Certain items may
be limited so there is
enough for all.**



**Pay with debit or credit
whenever possible.
Some stores are not
accepting cash at this
time.**

THANK YOU for your understanding and cooperation. We are in this together!